

Kansas Independent Living Self-Sufficiency Matrix

Youth/Young Adult Name: _____ Date Completed: _____
 Form Completed by: Youth/Young Adult IL Coordinator Youth/Young Adult and IL Coordinator

| Domain | 1 (In Crisis) | 2 (Vulnerable) | 3 (Safe) | 4 (Stable/Building capacity) | 5 (Empowered) | Score | Goal met? (Yes/No) |
|----------------------------------|--|--|--|--|--|-------|--------------------|
| Housing/Shelter | Homeless or threatened with eviction, including precariously housed, sleeping outside, or couch surfing. Staying in a dwelling not meant for cohabitation. | In transitional, temporary or substandard housing; and/or current rent/mortgage payment is unaffordable (over 30% of income). | In stable housing that is safe but only marginally adequate. | Housing is safe, adequate and subsidized. | Housing is safe, adequate, and unsubsidized. | | |
| Employment | No job. | Temporary, part-time or seasonal; inadequate pay, no benefits. | Employed full-time; inadequate pay; few or no benefits. | Employed full-time with adequate pay and benefits. | Maintains permanent employment with adequate income and benefits. | | |
| Income | No income. | Inadequate income and/or spontaneous or inappropriate spending. | Can meet basic needs with subsidy; appropriate spending. | Can meet basic needs and manage debt without assistance. | Income is sufficient, well-managed; has discretionary income and is able to save. | | |
| Food | No food or means to prepare it. Relies to a significant degree on other sources of free or low-cost food. | Household receives food stamps/food assistance. | Can meet basic food needs, but requires occasional assistance. | Can meet basic food needs without assistance. | Can choose to purchase any food household desires. | | |
| Childcare | Needs childcare, but none is available/accessible and/or child is not eligible. | Childcare is unreliable or unaffordable, inadequate supervision is a problem for childcare that is available. | Affordable subsidized childcare is available, but limited. | Reliable, affordable childcare is available, no need for subsidies. | Able to select quality childcare of choice. OR Youth is not actively parenting a child. | | |
| Pregnancy/ Parenting | Expecting a baby/parenting with little to no resources to provide essential needs. | Unable to meet daily needs of children and some access to resources to assist with essential needs. | Dependent on resources in order to meet children's essential needs. | Able to meet most needs and connected to community resources for parenting needs. | Able to meet all needs of children and if pregnant, receiving prenatal care and not lacking resources. OR Youth is not currently pregnant or actively parenting a child. | | |
| Adult Education/ Literacy | Literacy problems and/or no high school diploma/GED are serious barriers to employment. | Enrolled in literacy and/or GED program and/or has sufficient command of English to where language is not a barrier to employment. | Has obtained high school diploma/GED. | Needs/ is seeking additional education/training to improve employment situation and/or to resolve literacy problems to where they are able to function effectively in society. | Has completed education/training needed to become employable. No literacy problems. | | |
| Health Care Coverage | No medical coverage with immediate need. | No medical coverage and great difficulty accessing medical care when needed. Some household members may be in poor health. | Some members (e.g. children) have medical coverage. | All members can get medical care when needed, but may strain budget. | All members are covered by affordable, adequate health insurance. | | |
| Life Skills | Unable to meet basic needs such as hygiene, food, activities of daily living. | Can meet a few but not all needs of daily living without assistance. | Can meet most but not all daily living needs without assistance. | Able to meet all basic needs of daily living without assistance. | Able to provide beyond basic needs of daily living for self and family. | | |
| Social life/ Supports | Lack of necessary support from family or friends. Is being exploited or at considerable risk of being exploited or taken advantage of by others. | Family/friends may be supportive, but lack ability or resources to help; family members do not relate well with one another; potential mistreatment or exploitation. | Some support from family/friends; family members acknowledge and seek to change negative behaviors; are learning to communicate and support. | Strong support from family or friends. Household members support each other's efforts. | Has healthy/expanding support network; household is stable and communication is consistently open. | | |
| Transportation | No access to transportation, public or private; may have car that is inoperable. | Transportation is available, but unreliable, unpredictable, unaffordable; may have car but no insurance, license, etc. Car in need of repairs. | Transportation is available and reliable but limited and/or inconvenient; drivers are licensed and minimally insured. | Transportation is generally accessible to meet basic travel needs. | Transportation is readily available and affordable; car is adequately insured. | | |

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| Community Involvement | Not applicable due to crisis situation; in "survival" mode. | Socially isolated and/or no social skills and/or needs to improve social skills or barriers exist to becoming involved. | Has the capacity and knowledge to become involved but not interested or motivated at this time and/or has barriers such as transportation, childcare issues etc. | Some community involvement (advisory group, campus group, support group and/or church group). | Actively involved in community. (multiple levels of involvement and/or taken on leadership roles) | | |
| Legal | Current outstanding tickets, warrants or unresolved legal issues. | Current charges/trial pending, noncompliance with probation/parole. | Fully compliant with probation/parole terms. | Has successfully completed probation/parole within past 12 months, no new charges filed. | No active criminal justice involvement in more than 12 months and/or no felony criminal history. | | |
| Mental Health | Danger to self or others; recurring suicidal ideation; experiencing severe difficulty in day-to-day life due to psychological problems. | Recurrent mental health symptoms that may affect behavior, but not a danger to self/others; persistent problems with functioning due to mental health symptoms. | Mild symptoms may be present but are transient; only moderate difficulty in functioning due to mental health problems. | Minimal symptoms that are expectable responses to life stressors; only slight impairment in functioning. | Symptoms are absent or rare; good or superior functioning in wide range of activities; no more than everyday problems or concerns. | | |
| Substance Abuse | Meets criteria for severe abuse/dependence; resulting problems so severe that institutional living or hospitalization may be necessary. | Meets criteria for dependence; preoccupation with use and/or obtaining drugs/alcohol; withdrawal or withdrawal avoidance behaviors evident; use results in avoidance or neglect of essential life activities. | Use within last 6 months; evidence of persistent or recurrent social, occupational, emotional or physical problems related to use (such as disruptive behavior or housing problems); problems have persisted for at least one month. | Client has used during last 6 months, but no evidence of persistent or recurrent social, occupational, emotional, or physical problems related to use; no evidence of recurrent dangerous use. | No drug use/alcohol abuse in last 6 months. | | |
| Safety | Home or residence is not safe; immediate level of danger/harm is extremely high; possible CPS involvement. Domestic violence or abuse/neglect present in the home. | Safety is threatened/temporary protection is available; level of danger/harm is high. Domestic violence, abuse/neglect potentially being experienced in home. | Current level of safety is minimally adequate; ongoing safety planning is essential. | Environment is safe, however, future of such is uncertain; safety planning is important. | Environment is apparently safe and stable. | | |
| Disabilities | Acute or chronic symptoms affecting housing, employment, social interactions, etc. | Sometimes or periodically has acute or chronic symptoms affecting housing, employment, social interactions, etc. | Rarely has acute or chronic symptoms affecting housing, employment, social interactions, etc. | Asymptomatic – condition controlled by services or medication. | No identified disability. | | |
| Credit | Bankruptcies/Foreclosures/Evictions/pawn shop or gambling debt. | Outstanding judgements/garnishments; unable to pay current bills. | Needs a credit repair/rebuilding credit, minimal outstanding debts, payday loans. | Rebuilding credit. Paying bills on time, credit is building. | Manageable budget, credit is intact and no issues with creditors/debt. | | |
| High Risk Housing Barriers (Circle all that apply): | <i>Sex Offender Bankruptcy Person Felony Child in OOH Placement Drug Charges Felony Convictions Credit Issues Civil Judgements</i> | | | | | | |
| Total Matrix Score | | | | | | | |

