

CIS ACADEMY SENIOR SEMINAR (12TH GRADE) CURRICULUM OUTLINE 2019 - 2020

Communities In Schools' mission is to *surround students with a community of support, empowering them to stay in school and achieve in life*. CIS Academy Course focuses on four main pillars: Academic Growth, Life Skills, College & Career Exploration, and CIS Values: giving back to the community.

CIS Academy utilizes Charting for Success (CFS) curriculum along with various resources that are provided throughout the year as a need base. Senior Seminar will focus on Charting for Success 102.

Begin the course with "CFS 102: Lesson 1 – How to be a Successful Student" to set the standard in the CIS Academy classroom. For weekly class schedule, if the majority of the students are credit deficient, offer a Study Hall day each week. Establish standards for the students; such as, the students must have an increase of ___% in their online class during the period OR will complete ___ number of assignments. Communicate with students that Study Hall is specially allocated time for them to be productive for their growth.

QUARTER 1 –

The focus: to prepare for college application, begin FAFSA, and increase self-awareness.

Topics to be discussed:

- ❖ Parent Kick Off
 - CFS 1 – Parent Kick-Off
- ❖ Transcript Review
 - Participate in CIS Academy online survey to complete transcript review.
 - Discussion of the importance of the GPA, transcripts, and graduation.
 - Plan of action
- ❖ Story of Self and Personal Statement for College
 - Write a Story of Self that will be shared with the class
 - Presentation or book style recommended.
 - Utilize Story of Self as a guide to write a Personal Statement for college application.
- ❖ Self-Awareness
 - Personality Traits test: <https://www.123test.com/personality-test/>
 - Students can participate in 16 other tests from the website to get to know more about themselves.
- ❖ College Access
 - College Field trips

- Re-take or take **ACT** (register) [CFS 102, Lesson 10]
 - Graduation Requirement
 - Waiver available from the school counselor or CIS Academy Program Director will pay for the testing
- College Applications
 - CIS Academy will pay for applications (contact Academy Program Director)
 - CSN Nevada Promise Scholarship
- Begin **FAFSA** [CFS 102, Lesson 16]

****Interest Share (Quarter 1 Project)****

- Presentation to the class about what they have discovered about themselves.
 - Include interests, possible future plans, etc.
- ❖ Alternative Project: College Project / College Fair

QUARTER 2 –

The focus: continue college preparation, complete FAFSA, and design a Service Learning Project.

Topics to be discussed:

- ❖ Continue College Access from Quarter 1
 - College Field trips
 - Re-take or take **ACT** (take the test in December)
 - Graduation Requirement
 - Waiver available from the school counselor or CIS Academy Program Director will pay for the testing
 - College Applications
 - CIS Academy will pay for applications (contact Academy Program Director)
 - **CSN Nevada Promise Scholarship (MANDATORY for ALL SENIORS)**
Application due October 31
 - Complete **FAFSA**
- ❖ Confidence / Self-Esteem / Responsibility / Stress Management / Coping Skills
 - Various activities
- ❖ Health and Well Being
 - Mental and Physical Health awareness
- ❖ Importance of Giving Back
 - Discussion of “Community”
 - Why give back?

****Service Learning Project (Quarter 2 Project)****

- Student led holiday projects for their chosen community

QUARTER 3 –

The focus: explore various career options and create concrete plans, create/update resume, and build communication and interview skills.

Topics to be discussed:

- ❖ Career Exploration
 - Spring Into Fall, Part 1 (CFS102, Lesson 7)
 - Spring Into Fall, Part 2 (CFS102, Lesson 8)
 - What Employers Want activity
 - Plans in reaching dream career
 - Create or update Resume
- ❖ Communication Skills
 - Communication (ie., home, friends, and professional setting, etc.)
 - Interpersonal skills
 - Develop listening skills
- ❖ Interview Skills
 - Mock Interview
- ❖ Financial Literacy
 - Managing Your Money (CFS101 – Parent Kick-Off, Page 11)
 - Source of Income, Budgeting, Credit & Debit, Cars & College, Moving Out, etc.

****Career Project (Quarter 3 Project)****

- Career Fairs for underclassmen
-

QUARTER 4 –

The focus: explore passion for life, vision setting, and future planning.

Topics to be discussed:

- ❖ Future Planning
 - Concrete Summer Planning
 - 5-year, 10-year, and 30-year planning
- ❖ Apply for Summer Internships, Jobs, and/or Community Services
 - Various community entities
 - Review and revise resume for application
- ❖ Vision Setting
 - Personal interests and explore their passion
- ❖ High School Reflection
 - Advice to underclassmen

****HS Reflection & Life Plan Project (Quarter 4 Project)****