Communities In Schools’ mission is to surround students with a community of support, empowering them to stay in school and achieve in life. CIS Academy Course focuses on four main pillars: Academic Growth, Life Skills, College & Career Exploration, and CIS Values: giving back to the community.

CIS Academy utilizes Charting for Success (CFS) curriculum along with varies resources that are provided throughout the year as a need base. Senior Seminar will focus on Charting for Success 102.

Begin the course with “CFS 102; Lesson 1 – How to be a Successful Student” to set the standard in the CIS Academy classroom. For weekly class schedule, if the majority of the students are credit deficient, offer a Study Hall day each week. Establish standards for the students; such as, the students must have an increase of ___% in their online class during the period OR will complete __ number of assignments. Communicate with students that Study Hall is specially allocated time for them to be productive for their growth.

**QUARTER 1**

The focus: to prepare for college application, begin FAFSA, and increase self-awareness.

**Topics to be discussed:**

- **Parent Kick Off**
  - CFS 1 – Parent Kick-Off

- **Transcript Review**
  - Participate in CIS Academy online survey to complete transcript review.
  - Discussion of the importance of the GPA, transcripts, and graduation.
  - Plan of action

- **Story of Self and Personal Statement for College**
  - Write a Story of Self that will be shared with the class
    - Presentation or book style recommended.
  - Utilize Story of Self as a guide to write a Personal Statement for college application.

- **Self-Awareness**
  - Personality Traits test: [https://www.123test.com/personality-test/](https://www.123test.com/personality-test/)
  - Students can participate in 16 other tests from the website to get to know more about themselves.

- **College Access**
  - College Field trips
Re-take or take ACT (register) [CFS 102, Lesson 10]
- Graduation Requirement
- Waiver available from the school counselor or CIS Academy Program Director will pay for the testing

- College Applications
  - CIS Academy will pay for applications (contact Academy Program Director)
  - CSN Nevada Promise Scholarship

- Begin FAFSA [CFS 102, Lesson 16]

**Interest Share (Quarter 1 Project)**
- Presentation to the class about what they have discovered about themselves.
  - Include interests, possible future plans, etc.
  - Alternative Project: College Project / College Fair

**QUARTER 2**
The focus: continue college preparation, complete FAFSA, and design a Service Learning Project.

**Topics to be discussed:**
- Continue College Access from Quarter 1
  - College Field trips
  - Re-take or take ACT (take the test in December)
    - Graduation Requirement
    - Waiver available from the school counselor or CIS Academy Program Director will pay for the testing

- College Applications
  - CIS Academy will pay for applications (contact Academy Program Director)
  - **CSN Nevada Promise Scholarship (MANDATORY for ALL SENIORS)**
    - Application due October 31

- Complete FAFSA

- Confidence / Self-Esteem / Responsibility / Stress Management / Coping Skills
  - Various activities

- Health and Well Being
  - Mental and Physical Health awareness

- Importance of Giving Back
  - Discussion of “Community”
  - Why give back?

**Service Learning Project (Quarter 2 Project)**
- Student led holiday projects for their chosen community
QUARTER 3 –
The focus: explore various career options and create concrete plans, create/update resume, and build communication and interview skills.

Topics to be discussed:

❖ Career Exploration
  o Spring Into Fall, Part 1 (CFS102, Lesson 7)
  o Spring Into Fall, Part 2 (CFS102, Lesson 8)
  o What Employers Want activity
  o Plans in reaching dream career
  o Create or update Resume

❖ Communication Skills
  o Communication (ie., home, friends, and professional setting, etc.)
  o Interpersonal skills
  o Develop listening skills

❖ Interview Skills
  o Mock Interview

❖ Financial Literacy
  o Managing Your Money (CFS101 – Parent Kick-Off, Page 11)
  o Source of Income, Budgeting, Credit & Debit, Cars & College, Moving Out, etc.

**Career Project (Quarter 3 Project)**
  o Career Fairs for underclassmen

QUARTER 4 –
The focus: explore passion for life, vision setting, and future planning.

Topics to be discussed:

❖ Future Planning
  o Concrete Summer Planning
  o 5-year, 10-year, and 30-year planning

❖ Apply for Summer Internships, Jobs, and/or Community Services
  o Various community entities
  o Review and revise resume for application

❖ Vision Setting
  o Personal interests and explore their passion

❖ High School Reflection
  o Advice to underclassmen

**HS Reflection & Life Plan Project (Quarter 4 Project)**